## Little Design Communities Rebirthing - in Le Puy, August 2014



Wearing my '*Marguerite Burdier*' lace shawl, I joyfully welcomed these 12 pilgrims from -Ontario, California, Wales, Italy, England, France - to our table fellowship where we gathered for 10 days reflecting and interacting with the new commentaries on *The Eucharistic Letter Revisited*. There were graced moments in the first kitchen, praying in the Chapel atop Mt. Michel, mingling with the 'dear neighbours' in the marketplace and city streets as ... everywhere and at all times, we set our desire to live mindfully, letting Love love through us!

Six women from our Ottawa Little Design communities participated in the contemplative experience and it was a delight to observe them soaking in the charism and being refreshed at the Source. Thanks for the memories and gratitude to the Centre staff – Srs. Line, Susan, Kate and Rita - who made us feel 'at home' away from home. As we shared our final agape meal, we all sensed that the 'Little Design' community vision had undergone a 'birthquake' and we were moving forward in a new freedom and joy! Thank you Le Puy en Velay, such a charming and soulful city, for welcoming us and nurturing us as we pondered the mystical treasures found within the Eucharistic Letter! And a welcome back for August 2015 fills my heart with gratitude!

Visit the CHAT FORUM AND MOVIE ON WEBSITE: Click here if you wish to see pictures/videos and read more about our daily reflections and activities: http://www.theupperroomhomeofprayer.org/index.php?option=com\_kunena&view=category &catid=10&Itemid=99

