

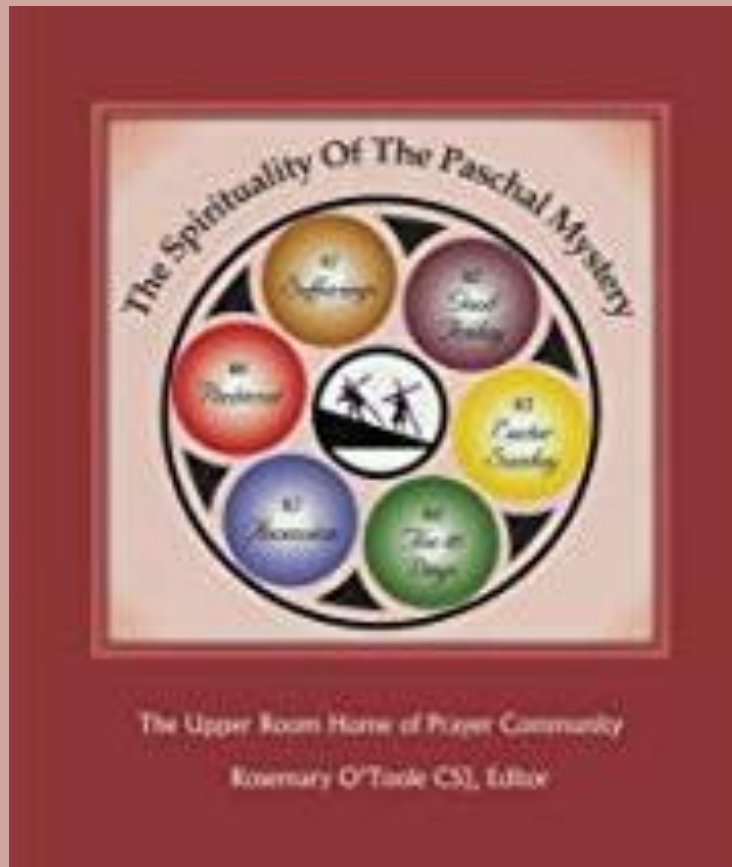
THE UPPER ROOM

LENTEN RETREAT

The Spirituality of the Paschal Mystery

Wednesday, March 11

10:00 a.m. - 3:00 p.m.



REGISTRATION FEE: \$75.00 includes served lunch and small Paschal Mystery book.

TO REGISTER: upperroom@sympatico.ca before March 4, 2026

Payment by cheque, cash or e-transfer: etransfers@csjcanada.org

PRESENTER: Monique DeBaets, a Spiritual Director with The Upper Room Home of Prayer.

PLACE: The Upper Room Home of Prayer, 68 CentrepoinTE Drive, Ottawa.

PARKING: Hemmingwood Way, side street. Walk back to 68 CentrepoinTE.