

The Eucharistic Letter



Companion Text



The Eucharistic Letter Revisited

Who dare comment on the 'word of God' spoken to another disciple? How can anyone perceive the innermost depths of that most sweet communion, Jean-Pierre Médaille and the Spirit of God must have shared on that day... and in the days that followed ...as he crafted *The Eucharistic Letter* with such carefulness and wisdom. The grace of that 'inspiration moment' surely lingered and flowed in and through the paragraphs that he would have formulated probably over time.

It is with humble awe then, that we offer a contemporary text of the 42 paragraphs of *The Eucharistic Letter* as we are - beginning only - to feel and understand and live them today. The Word of God is living and breathing and finds a home within us in every generation. It is wonderful to be sharing this exploration with each one of you.

This companion text of The Eucharistic Letter was created by Monica Hartnett SSJ and Rosemary O'Toole CSJ in response to a request from these participants at our first Little Design Communities Rebirthing contemplative experience held at Galilee Centre in Arnprior, Ontario. For copies contact Rosemary at upperroom@sympatico.ca

Holy One, evidence of your self-communication in love is all around, everywhere.

In the inner depths of my own heart,
in the world, in all creatures around me,
you live and move and have your being.

I am not separate from you, and because of your wondrous love

I am not separate from all creation.

Help me to live with eyes wide open to your self-communication. Help me to be open to your lavish grace, to receive it without fear and with the conviction that you want nothing more than for me to receive it.

In turn, may I be gracious to others,
an instrument of your lavish grace to all I meet. Amen.

-Judy Cannato, Field of Compassion

*Grateful appreciation for use of 'Beams of Love' by Mary Southard, CSJ
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